



**Rosa Veritas**

# Mystical Cosmic Mass

5 May, 2024

## SOURCE OF ALL BEING

Source of all being, fire of love,  
Your glory flames through worlds above:  
Centre and light of every sphere,  
Yet to each loving heart how near.  
Sun of our life, your quickening ray  
Sheds on our path the glow of day;  
Star of our hope, your softened light  
Cheers the long watches of the night.

Source of all life, below, above,  
Whose light is truth, whose warmth is love,  
Through us this glorious light be known  
Until its lustre is our own.  
Grant us your truth to make us free,  
And hearts that burn with constancy,  
Till all your living altars claim  
One holy light, one heavenly flame.

## RESPONSES

Cel: (Let us) be still, and know.

**All: We still ourselves  
and feel your power and your presence.**

Cel: Be still, and know.

**All: We still ourselves  
and hear the whispering of your voice.**

Cel: Be still, and know.

**All: We open ourselves to the eternal,  
to the manifold colours of the spirit.**

Cel: We are still, and we know ...

## THE GNOSIS

... that in the innermost spiritual sanctum  
of each human being,  
is the real self,  
which is of the same essence  
as that spiritual reality  
we call God,  
who is within, beyond,  
and behind the universe;  
we know  
that the nature of this spiritual reality –  
which is unknowable to the intellect,  
but knowable to the heart –  
is love;  
we know that perfect justice rules the world,  
that the whole creation  
will one day reach its divine fulfilment;  
we know this  
because the world is being reconciled to God  
through the Lord Jesus Christ.

## RESPONSES

Cel: Christ is in you.

**All: Our hope and our glory.**

Cel: Our bodies are the substance of your being.

**All: Deepen in us your spirit, O Christ.**

Cel: Our life-spirit is the work of your hands.

**All: Deepen in us your spirit, O Christ.**

Cel: Our emotions and feelings  
are your essence.

**All: Deepen in us your spirit, O Christ.**

Cel: Fill us with the glory we had  
when we dwelt with you.

**All: And magnify your spirit in us, O Christ.**

## IN THE SECRET OF YOUR PRESENCE

In the secret of your presence,  
Where the pure of heart may dwell,  
Are the springs of sacred service  
And a power none can tell.  
There my love must bring its offering,  
There my heart must yield its praise,  
And the Lord will come, revealing  
All the secrets of his ways.

*In the secret of your presence,  
In the hiding of your power,  
Let me love you, let me serve you,  
Ev'ry consecrated hour.*

More than all my lips may utter,  
More than all I do or bring,  
Is the depth of my devotion  
To my master, saviour, king.  
Nothing less will keep me tender,  
Nothing less will keep me true,  
Nothing less will keep the fragrance  
And the bloom in all I do.

Blessed Lord, to see you truly,  
Then to tell as I have seen;  
This shall rule my life supremely,  
This shall be the sacred gleam.  
Sealed again is all the sealing,  
Pledged my heart and all that's mine,  
First to know you, then to serve you,  
Then to see your light divine.

## THE OFFERING

Cel: ... and offer them on the altar of our lives,  
praying that you will fill them  
with your glory and majesty.

*All raise their bread with the Celebrant, and say ...*

**All: This bread is my life  
which I give to you  
in love and service.**

Cel: Take our bread.  
It is set apart for a sacred use  
that it may become  
the living bread from heaven.

*All raise their wine with the Celebrant, and say ...*

**All: This wine is my spirit,  
dedicated to the divine will of God.**

Cel: Take this wine ...

## CALL TO PRAISE

Cel: Christ is in you.

**All: Our hope and our glory.**

Cel: Lift up your hearts.

**All: We lift them in joy.**

Cel: Let us give our thanks  
to the God Most High.

**All: It is a good and joyful thing to do.**

Cel: It is a very good and joyful thing ...  
... and all the company of spiritual worlds,  
in saying:

**All: Holy, holy, holy,  
Lord God of hosts,  
who was and is and is to come,  
heaven and earth are full of your glory;  
glory be to you, O God Most High.**

## TAKE OUR BREAD, WE ASK YOU

*Take our bread, we ask you;  
Take our hearts, we love you,  
Take our lives, O Father, we are yours.  
Take our bread, we ask you;  
Take our hearts, we love you;  
Take our lives, O Father,  
We are yours, we are yours.*

Yours as we stand at the table you set,  
Yours as we eat the bread our hearts can't forget;  
We are the sign of your life with us yet,  
We are yours, we are yours.

*Take our bread, we ask you;  
Take our hearts, we love you;  
Take our lives, O Father,  
We are yours, we are yours.*

Your holy people being cleansed by your blood,  
Spirit filled, yet hungry, we await your food;  
We are poor but we've brought ourselves,  
the best that we could,  
We are yours, we are yours.

*continued ...*

*Take our bread, we ask you;  
Take our hearts, we love you;  
Take our lives, O Father,  
We are yours, we are yours.*

## **THE CONSECRATION**

*During the Consecration,  
all may bless their bread and wine  
together the Celebrant.*

## **IT IS A MYSTERY**

It is a mystery, a mystery of life:  
A change of bread and wine  
Into a flow divine,  
A flow divine of love  
Into our spirit move,  
A consecration of our life and self in you.  
It is a mystery, a mystery of life:  
A change of heart and mind  
Into a flow divine,  
A flow divine of love  
Into our spirit move,  
A consecration of our life and self in you.

## **OFFERING OF SELF**

O loving Christ,  
present in these holy mysteries,  
I give myself to you,  
for joy and for sorrow,  
for sickness and for health,  
for success and failure,  
in time and in eternity.  
I offer to you my body, mind and spirit  
to be a holy sacrifice.  
Take me and make me  
the instrument of your will.

## **THE LORD'S PRAYER**

Our Father,  
which art in heaven,  
hallowed be thy name.  
Thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever,  
Amen.

## **O LOVE**

O love that knoweth of no fear,  
O love that sheds a joyous tear,  
O love that makes me whole and free,  
Such love shall keep and hallow me.

## **SPIRIT OF GOD WITHIN ME**

Spirit of God within me,  
Possess my human frame;  
Fan the dull embers of my heart,  
Stir up the living flame;  
Strive till that image deep within,  
New minted and restored,  
In shining splendour brightly beams  
The likeness of the Lord.  
  
Spirit of truth within me,  
Possess my thought and mind;  
Lighten anew the inward eye  
By error rendered blind;  
Shine on the words that wisdom speaks  
And grant me power to see  
The truth made known to us in Christ,  
And in that truth be free.  
  
Spirit of love within me,  
Possess my hands and heart;  
Break through the bonds of self-concern  
That seeks to stand apart;

*continued ...*

Grant me the love that suffers long,  
That hopes, believes, endures;  
The love fulfilled in sacrifice,  
That others' good secures.

Spirit of life within me,  
Possess this life of mine;  
Come as the wind of heaven's breath,  
Come as the fire divine!  
Spirit of Christ, the living God,  
Transform this house of clay,  
Till from the dust with Christ I rise  
To everlasting day.

— Coming Up —

### **Pentecost Mystical Cosmic Mass**

*Sunday 19 May, 2024*

Florida 4am EDT | EUR 10am CEST | WA 4pm | SA 5.30pm  
NSW/VIC 6pm AEST | NZ 8pm

[rosaveritas.org/may19](https://rosaveritas.org/may19)

### **Mystical Cosmic Mass**

*Sunday 2 June, 2024*

Florida 4am EDT | EUR 10am CEST | WA 4pm | SA 5.30pm  
NSW/VIC 6pm AEST | NZ 8pm

[rosaveritas.org/jun2](https://rosaveritas.org/jun2)

*You can help sustain the work of Rosa Veritas.  
Contribute to the [online offering](#)*

— Rosa Veritas Learning —

### **Rosa Veritas as a Mystery School throughout the Ages**

with Marja van Breda

*starts Saturday 15 June, 2024*

*Four Saturdays monthly, via Zoom*

[rosaveritas.org/mysteryschool](https://rosaveritas.org/mysteryschool)

### **John Group 2024 EUCCHARIST**

with Robert John

*starts Monday 17 June, 2024*

*Six Mondays monthly, via Zoom*

*Early Group - OR - Later Group*

[rosaveritas.org/john2024](https://rosaveritas.org/john2024)

### **Living Colour Workshop Imbued through Colour**

with Robert John

*Saturday 6 July, 2024*

*Early Workshop - OR - Later Workshop*

[rosaveritas.org/livingcolour](https://rosaveritas.org/livingcolour)

### **New Revised Format Metaphysics in Action**

Home Study version now available

*Introduction and eight Study Topics*

[rosaveritas.org/ms1](https://rosaveritas.org/ms1)