



Rosa Veritas

ROSE SUNDAY

Mystical Cosmic Mass

THIRD SUNDAY IN LENT
3 March, 2024

INVOCATION

Cel: ... We are here, source of all being,
to drink from the fountain of life.
We are here to commune with you
and know your presence in all things.
We are here to be at one.

**All: You are here.
We are here.
I am here.**

SOURCE OF ALL BEING

Source of all being, fire of love,
Your glory flames through worlds above:
Centre and light of every sphere,
Yet to each loving heart how near.
Sun of our life, your quickening ray
Sheds on our path the glow of day;
Star of our hope, your softened light
Cheers the long watches of the night.

Source of all life, below, above,
Whose light is truth, whose warmth is love,
Through us this glorious light be known
Until its lustre is our own.
Grant us your truth to make us free,
And hearts that burn with constancy,
Till all your living altars claim
One holy light, one heavenly flame.

RESPONSES

Cel: (Let us) be still, and know.

**All: We still ourselves
and feel your power and your presence.**

Cel: Be still, and know.

**All: We still ourselves
and hear the whispering of your voice.**

Cel: Be still, and know.

**All: We open ourselves to the eternal,
to the manifold colours of the spirit.**

Cel: We are still, and we know ...

THE GNOSIS

... that in the innermost spiritual sanctum
of each human being,
is the real self,
which is of the same essence
as that spiritual reality
we call God,
who is within, beyond,
and behind the universe;
we know
that the nature of this spiritual reality –
which is unknowable to the intellect,
but knowable to the heart –
is love;
we know that perfect justice rules the world,
that the whole creation
will one day reach its divine fulfilment;
we know this
because the world is being reconciled to God
through the Lord Jesus Christ.

RESPONSES

- Cel: Christ is in you.
All: Our hope and our glory.
Cel: Our bodies are the substance of your being.
All: Deepen in us your spirit, O Christ.
Cel: Our life-spirit is the work of your hands.
All: Deepen in us your spirit, O Christ.
Cel: Our emotions and feelings
are your essence.
All: Deepen in us your spirit, O Christ.
Cel: Fill us with the glory we had
when we dwelt with you.
All: And magnify your spirit in us, O Christ.

BE THOU MY VISION

Be thou my vision, O Lord of my heart;
Naught be all else to me, save that thou art;
Thou my best thought, by day or by night,
Waking or sleeping, thy presence my light.

Be thou my wisdom, be thou my true word;
I ever with thee, thou with me, Lord;
Thou my great Father, I thy true son;
Thou in me dwelling, and I with thee one.

Be thou my battle-shield, sword for the fight;
Be thou my dignity, thou my delight,
Thou my soul's shelter, thou my high tower;
Raise thou me heavenward, O power of my power.

Riches I heed not, nor man's empty praise;
Thou mine inheritance, now and always;
Thou, and thou only, first in my heart,
High king of heaven, my treasure thou art.

High king of heaven, after victory won,
May I reach heaven's joy, O bright heaven's sun!
Heart of my own heart, whatever befall,
Still be my vision, O ruler of all.

THE OFFERING

Cel: ... and offer them on the altar of our lives,
praying that you will fill them
with your glory and majesty.

All raise their bread with the Celebrant, and say ...

**All: This bread is my life
which I give to you
in love and service.**

Cel: Take our bread.
It is set apart for a sacred use
that it may become
the living bread from heaven.

All raise their wine with the Celebrant, and say ...

**All: This wine is my spirit,
dedicated to the divine will of God.**

Cel: Take this wine ...

CALL TO PRAISE

Cel: Christ is in you.

All: Our hope and our glory.

Cel: Lift up your hearts.

All: We lift them in joy.

Cel: Let us give our thanks
to the God Most High.

All: It is a good and joyful thing to do.

Cel: It is a very good and joyful thing ...
... and all the company of spiritual worlds,
in saying:

**All: Holy, holy, holy,
Lord God of hosts,
who was and is and is to come,
heaven and earth are full of your glory;
glory be to you, O God Most High.**

IN SILENCE AND IN REVERIE (His Grace)

In silence and in reverie, in ev'ry place,
In blessed bread, uplifted cup, he gives his grace.
His grace, his grace, he gives to me his grace.
In broken bread, cup lifted up,
He gives to me his grace.

In ev'ry corner of the world outpours his grace.
In ev'ry street, in those I meet his glorious face.
His grace, his grace, he gives to me his grace.
In ev'ry street, in those I meet,
He gives to me his grace.

And still he fills me like a cup, my will replace
Until, like him, I'm lifted up into his grace.
His grace, his grace, he gives to me his grace.
Until, like him, I'm lifted up,
He gives to me, his grace.

THE CONSECRATION

*During the Consecration,
all may bless their bread and wine
together the Celebrant.*

IT IS A MYSTERY

It is a mystery, a mystery of life:
A change of bread and wine
Into a flow divine,
A flow divine of love
Into our spirit move,
A consecration of our life and self in you.
It is a mystery, a mystery of life:
A change of heart and mind
Into a flow divine,
A flow divine of love
Into our spirit move,
A consecration of our life and self in you.

OFFERING OF SELF

O loving Christ,
present in these holy mysteries,
I give myself to you,
for joy and for sorrow,
for sickness and for health,
for success and failure,
in time and in eternity.
I offer to you my body, mind and spirit
to be a holy sacrifice.
Take me and make me
the instrument of your will.

THE LORD'S PRAYER

Our Father,
which art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever,
Amen.

O LOVE

O love that knoweth of no fear,
O love that sheds a joyous tear,
O love that makes me whole and free,
Such love shall keep and hallow me.

LET THE BEAUTY OF JESUS BE SEEN IN ME

Let the beauty of Jesus be seen in me,
All his wondrous compassion and purity,
O great spirit divine,
All my nature refine,
Till the beauty of Jesus be seen in me.

May the light of his life be revealed through me,
In all its life-giving warmth and humility.
O great spirit divine,
In my heart be enshrined
Your love, your peace and light, and unity.

May this seed of Christ take root in me,
And live and grow to full maturity.
O sweet flower of mine,
Be the emblem and sign
Of the blood of Christ shed for me.

So may the love of Christ be fully earthed,
And live in the children God has birthed.
May the fire of the sun,
Shine in all that is done,
Til the rose of Christ blooms in me.

— Coming Up —

Lent Meditations

The daily Lent Meditations continue in small groups and online at a time that suits you.

rosaveritas.org/lent

Mystical Cosmic Mass

Fifth Sunday in Lent • Sunday 17 March, 2024

EUR 8am | WA 3pm | SA 5.30pm | NSW/VIC 6pm | NZ 8pm

rosaveritas.org/mar17

Holy Week Services

commencing Palm Sunday, 23 March, 2024

In 2024, Holy Week and Easter services will be celebrated in local communities, either face to face or online via Zoom.

The communities will come 'all together' for the culmination of Easter, with the Meriti celebrating the Veneration of Light service on Easter Saturday and the Easter Sunday Mystical Cosmic Mass.

You can find details of all Holy Week and Easter services on the website. If there is no service for you to attend with your local community, there may be one online with another community you are welcome to attend.

If you need to make your own Palm Cross, you can find a simple 'how to' video on this page.

rosaveritas.org/easter

Veneration of Light including the Blessing of the Oils

Saturday 30 March, 2024

Florida 5am EST | EUR 10am CET | WA 5pm | SA 7.30pm

NSW/VIC 8pm AEDT | NZ 10pm

See the website for details about making a personal Paschal candle.

rosaveritas.org/mar30

Easter Sunday Mystical Cosmic Mass

Sunday 31 March, 2024

Florida 8pm EST | EUR 2am CEST | WA 8am | SA 10.30am

NSW/VIC 11am AEDT | NZ 1pm

NOTE TIMES

rosaveritas.org/mar31

You can help sustain the work of Rosa Veritas.

Contribute to the [online offering](#)