



Rosa Veritas

Cosmic Mass

First Sunday in Lent

Sunday, 26 February, 2022

MAKE ME A CAPTIVE LORD

Make me a captive, Lord,
And then I shall be free;
Force me to render up my sword,
And I shall conqueror be.

I sink in life's alarms
When by myself I stand;
Imprison me within your arms,
And strong shall be my hand.

My heart is weak and poor
Until it master find;
It has no spring of action sure,
It varies with the wind.
It cannot freely move
Till you have wrought its chain;
Enslave it with your matchless love,
And deathless it shall reign.

My power is faint and low
Till I have learned to serve:
It needs the spirit's fire to glow,
It needs the breeze to flow;
It cannot drive the world
Until itself be driven;
Its flag can only be unfurled
By your own breath from heaven.

My will is not my own
Till it is yours, not mine;
If it would reach a monarch's throne
It must its crown resign.
It only stands unbent
Amid the clashing strife,
When on your bosom it has leant,
And found in you its life.

LORD OF ALL HOPEFULNESS

Lord of all hopefulness, Lord of all joy,
Whose trust, ever childlike, no cares could destroy,
Be there at our waking, and give us, we pray,
Your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,
Whose strong hands are skilled at the
plane and the lathe,
Be there at our labours, and give us, we pray,
Your strength in our hearts, Lord, at the noon
of the day.

Lord of all kindness, Lord of all grace,
Your hands swift to welcome, your arms to embrace,
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence
is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord, at the end of the day.

— Coming Up —

Daily Lent Meditations

Wednesday, 22 February to Wednesday, 5 April

Monday to Saturday throughout Lent

rosaveritas.org/lent2023

Rose Sunday Cosmic Mass

Sunday, 6 March

Second Sunday in Lent

rosaveritas.org/march5

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