



**Rosa Veritas**

# Mystical Cosmic Mass

SECOND SUNDAY IN ADVENT

10 December, 2023

## SOURCE OF ALL BEING

Source of all being, fire of love,  
Your glory flames through worlds above.  
Centre and light of every sphere,  
Yet to each loving heart how near.

Sun of our life, your quickening ray  
Sheds on our path the glow of day.  
Star of our hope, your softened light  
Cheers the long watches of the night.

Source of all life, below, above,  
Whose light is truth, whose warmth is love;  
Through us your glorious light is shown  
We need no lustre of our own.

Grant us your truth to make us free  
And hearts that burn with constancy,  
Till all your living altars claim  
One holy light, one heavenly flame.

## RESPONSES

Cel: (Let us) be still, and know.

**All: We still ourselves  
and feel your power and your presence.**

Cel: Be still, and know.

**All: We still ourselves  
and hear the whispering of your voice.**

Cel: Be still, and know.

**All: We open ourselves to the eternal,  
to the manifold colours of the spirit.**

Cel: We are still, and we know ...

## THE GNOSIS

... that in the innermost spiritual sanctum  
of each human being,  
is the real self,  
which is of the same essence  
as that spiritual reality  
we call God,  
who is within, beyond,  
and behind the universe;  
we know  
that the nature of this spiritual reality –  
which is unknowable to the intellect,  
but knowable to the heart –  
is love;  
we know that perfect justice rules the world,  
that the whole creation  
will one day reach its divine fulfilment;  
we know this  
because the world is being reconciled to God  
through the Lord Jesus Christ.

## RESPONSES

Cel: Christ is in you.

**All: Our hope and our glory.**

Cel: Our bodies are the substance of your being.

**All: Deepen in us your spirit, O Christ.**

Cel: Our life-spirit is the work of your hands.

**All: Deepen in us your spirit, O Christ.**

Cel: Our emotions and feelings  
are your essence.

**All: Deepen in us your spirit, O Christ.**

Cel: Fill us with the glory we had  
when we dwelt with you.

**All: And magnify your spirit in us, O Christ.**

## **GOD HIMSELF IS PRESENT**

God himself is present,  
Let us now adore him  
As with awe we come before him.  
God is in our midst, now  
In our hearts keep silence,  
Worshipping in deepest reverence.  
Him we know, him we name,  
Come and let us make him  
Our renewed surrender.

Let your glorious light, Lord,  
Permeating all things,  
Reach my face and eyes to touch them;  
As the tender flowers  
Open out their petals,  
To the sun their hearts unfolding,  
So may I, calm in joy,  
Hold your rays from heaven,  
Power within me working.

Lord, make me your dwelling,  
Let my heart and spirit  
Be for you an earthly temple:  
Come, immediate being,  
My whole life illumine,  
So I'll always praise and love you,  
So where'er I may be  
There may I perceive you,  
Ever bow before you.

## **THE OFFERING**

Cel: ... and offer them on the altar of our lives,  
praying that you will fill them  
with your glory and majesty.

*All raise their bread with the Celebrant, and say ...*

**All: This bread is my life  
which I give to you  
in love and service.**

Cel: Take our bread.  
It is set apart for a sacred use  
that it may become  
the living bread from heaven.

*All raise their wine with the Celebrant, and say ...*

**All: This wine is my spirit,  
dedicated to the divine will of God.**

Cel: Take this wine ...

## **CALL TO PRAISE**

Cel: Christ is in you.

**All: Our hope and our glory.**

Cel: Lift up your hearts.

**All: We lift them in joy.**

Cel: Let us give our thanks  
to the God Most High.

**All: It is a good and joyful thing to do.**

Cel: It is a very good and joyful thing ...  
... and all the company of spiritual worlds,  
in saying:

**All: Holy, holy, holy,  
Lord God of hosts,  
who was and is and is to come,  
heaven and earth are full of your glory;  
glory be to you, O God Most High.**

## **TAKE OUR BREAD, WE ASK YOU**

*Take our bread, we ask you;  
Take our hearts, we love you,  
Take our lives, O Father, we are yours.  
Take our bread, we ask you;  
Take our hearts, we love you;  
Take our lives, O Father,  
We are yours, we are yours.*

Yours as we stand at the table you set,  
Yours as we eat the bread our hearts can't forget;  
We are the sign of your life with us yet,  
We are yours, we are yours.

*Take our bread, we ask you;  
Take our hearts, we love you;  
Take our lives, O Father,  
We are yours, we are yours.*

Your holy people being cleansed by your blood,  
Spirit filled, yet hungry, we await your food;  
We are poor but we've brought ourselves,  
the best that we could,  
We are yours, we are yours.

*continued ...*

*Take our bread, we ask you;  
Take our hearts, we love you;  
Take our lives, O Father,  
We are yours, we are yours.*

## **THE CONSECRATION**

*During the Consecration,  
all may bless their bread and wine  
together the Celebrant.*

## **IT IS A MYSTERY**

It is a mystery, a mystery of life:  
A change of bread and wine  
Into a flow divine,  
A flow divine of love  
Into our spirit move,  
A consecration of our life and self in you.

It is a mystery, a mystery of life:  
A change of heart and mind  
Into a flow divine,  
A flow divine of love  
Into our spirit move,  
A consecration of our life and self in you.

## **OFFERING OF SELF**

O loving Christ,  
present in these holy mysteries,  
I give myself to you,  
for joy and for sorrow,  
for sickness and for health,  
for success and failure,  
in time and in eternity.  
I offer to you my body, mind and spirit  
to be a holy sacrifice.  
Take me and make me  
the instrument of your will.

## **THE LORD'S PRAYER**

Our Father,  
which art in heaven,  
hallowed be thy name.  
Thy kingdom come,  
thy will be done  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever,  
Amen.

## **O LOVE**

O love that knoweth of no fear,  
O love that sheds a joyous tear,  
O love that makes me whole and free,  
Such love shall keep and hallow me.

## **LOVE DIVINE**

Love divine, all loves excelling,  
Joy of heaven to earth come down;  
Fix in us thy humble dwelling,  
All thy faithful mercies crown.  
Jesus, thou art all compassion,  
Pure unbounded love thou art;  
Visit us with thy salvation,  
Enter every trembling heart.

Come, almighty to deliver,  
Let us all thy grace receive;  
Suddenly return, and never,  
Never more thy temples leave.  
Thee we would be always blessing,  
Serve thee as thy hosts above,  
Pray and praise thee without ceasing,  
Glory in thy perfect love.

Finish, then, thy new creation,  
Pure and spotless let us be;  
Let us see thy great salvation,  
Perfectly restored in thee;  
Changed from glory into glory,  
Till in heaven we take our place,  
Till we cast our crowns before thee,  
Lost in wonder, love and praise.

— Coming Up —

### Advent Meditations

DAILY, MONDAY to SATURDAY

Florida 2.30am EDT | EUR 8.30am CEST | WA 3.30pm

SA 6.00pm | NSW/VIC 6.30pm AEDT | NZ 8.30pm

[rosaveritas.org/advent2023](https://rosaveritas.org/advent2023)

### Carols by Candlelight

Third Sunday of Advent

Sunday 17 December, 2023

Florida 2.30am | EUR 8.30am | WA 3.30pm | SA 6.00pm

NSW/VIC 6.30pm | NZ 8.30pm

**ONLY A FEW DAYS LEFT TO PREPARE!**

See preparation details on right ...

[rosaveritas.org/dec17](https://rosaveritas.org/dec17)

### Christmas Eve Mass

Fourth Sunday of Advent

Sunday 24 December, 2023

Florida 5am | EUR 11am | WA 6pm | SA 8.30pm

NSW/VIC 9pm | NZ 11pm

[rosaveritas.org/dec24](https://rosaveritas.org/dec24)

### New Year Agapē & Dedication

Sunday 31 December, 2023

Florida 4am | EUR 10am | WA 5pm | SA 7.30pm

NSW/VIC 8pm | NZ 10pm

[rosaveritas.org/dec31](https://rosaveritas.org/dec31)

You can sustain the work of Rosa Veritas.

Contribute to the [online offering](#)



Sunday 17 December, 2023

## Carols by Candlelight

Third Sunday in Advent

Florida 2.30am | EUR 8.30am | WA 3.30pm | SA 6.00pm

NSW/VIC 6.30pm | NZ 8.30pm

Hosted by Aotearoa and At Large communities.

Tune in early for the pre-service video.

### Make Room for the Light in the Darkness

We come together to celebrate the joy, hope and wonder of the birth of Christ and to send this joy, hope and wonder into the atmosphere of the world as our gift.

Bring your voice, your joyous self, your Christmas nibbles and drinks, and don't forget your candle or Christmas lights, and please wear your best Christmas outfit. And you will need the Songsheet – very important!

We will be singing and listening to loved and new Christmas Carols, and will be told stories and shown images that weave this amazing story into our history and into our present.

With thoughtfulness, tenderness and prayer, we will make room for the light in the darkness.

And there will be opportunity to just be together as well.

### HOW YOU CAN CONTRIBUTE

#### The video before the service:

##### Christmas Decorations

Before the service we will see a video comprising photos of Christmas in your home. These may be of your Christmas Tree or Nativity, but could also be the Christmas decorations in the area where you live and also the Christmas decorations Nature herself is providing.

#### The video after the service:

##### How I will spend Christmas

After the service we will share in picture how each of us will be spending Christmas – or how you usually spend Christmas, or how you prefer to spend Christmas. Obviously these will not be photos from this Christmas but of Christmases past. Or ... you might like to prepare and send an image that depicts what you hope will be born anew this Christmas, in you or in the world. We hope this will help us tune into the many ways Christmas is celebrated, how our fraters and sorores will be spending the Christmas days and what they are praying for.

Send in your Christmas photos for one or both videos to [atlarge@rosaveritas.org](mailto:atlarge@rosaveritas.org)

We need to receive these by **Wednesday 13th December**.