



Rosa Veritas

All Saints, All Souls, Incarnating Souls Mystical Cosmic Mass

5 November, 2023

SOURCE OF ALL BEING

Source of all being, fire of love,
Your glory flames through worlds above.
Centre and light of every sphere,
Yet to each loving heart how near.

Sun of our life, your quickening ray
Sheds on our path the glow of day.
Star of our hope, your softened light
Cheers the long watches of the night.

Source of all life, below, above,
Whose light is truth, whose warmth is love;
Through us your glorious light is shown
We need no lustre of our own.

Grant us your truth to make us free
And hearts that burn with constancy,
Till all your living altars claim
One holy light, one heavenly flame.

RESPONSES

Cel: (Let us) be still, and know.

**All: We still ourselves
and feel your power and your presence.**

Cel: Be still, and know.

**All: We still ourselves
and hear the whispering of your voice.**

Cel: Be still, and know.

**All: We open ourselves to the eternal,
to the manifold colours of the spirit.**

Cel: We are still, and we know ...

THE GNOSIS

... that in the innermost spiritual sanctum
of each human being,
is the real self,
which is of the same essence
as that spiritual reality
we call God,
who is within, beyond,
and behind the universe;
we know
that the nature of this spiritual reality –
which is unknowable to the intellect,
but knowable to the heart –
is love;
we know that perfect justice rules the world,
that the whole creation
will one day reach its divine fulfilment;
we know this
because the world is being reconciled to God
through the Lord Jesus Christ.

RESPONSES

Cel: Christ is in you.

All: Our hope and our glory.

Cel: Our bodies are the substance of your being.

All: Deepen in us your spirit, O Christ.

Cel: Our life-spirit is the work of your hands.

All: Deepen in us your spirit, O Christ.

Cel: Our emotions and feelings
are your essence.

All: Deepen in us your spirit, O Christ.

Cel: Fill us with the glory we had
when we dwelt with you.

All: And magnify your spirit in us, O Christ.

GOD HIMSELF IS PRESENT

God himself is present,
Let us now adore him
As with awe we come before him.
God is in our midst, now
In our hearts keep silence,
Worshipping in deepest reverence.

Him we know,
Him we name,
Come and let us make him
Our renewed surrender.

Let your glorious light, Lord,
Permeating all things,
Reach my face and eyes to touch them;
As the tender flowers
Open out their petals,
To the sun their hearts unfolding,
So may I,
Calm in joy,
Hold your rays from heaven,
Power within me working.

Lord, make me your dwelling,
Let my heart and spirit
Be for you an earthly temple:
Come, immediate being,
My whole life illumine,
So I'll always praise and love you,
So where'er
I may be
There may I perceive you,
Ever bow before you.

THE OFFERING

Cel: ... and offer them on the altar of our lives,
praying that you will fill them
with your glory and majesty.

All raise their bread with the Celebrant, and say ...

**All: This bread is my life
which I give to you
in love and service.**

Cel: Take our bread.
It is set apart for a sacred use
that it may become
the living bread from heaven.

All raise their wine with the Celebrant, and say ...

**All: This wine is my spirit,
dedicated to the divine will of God.**

Cel: Take this wine ...

CALL TO PRAISE

Cel: Christ is in you.

All: Our hope and our glory.

Cel: Lift up your hearts.

All: We lift them in joy.

Cel: Let us give our thanks
to the God Most High.

All: It is a good and joyful thing to do.

Cel: It is a very good and joyful thing ...
... and all the company of spiritual worlds,
in saying:

**All: Holy, holy, holy,
Lord God of hosts,
who was and is and is to come,
heaven and earth are full of your glory;
glory be to you, O God Most High.**

TAKE OUR BREAD, WE ASK YOU

*Take our bread, we ask you;
Take our hearts, we love you,
Take our lives, O Father, we are yours.
Take our bread, we ask you;
Take our hearts, we love you;
Take our lives, O Father,
We are yours, we are yours.*

Yours as we stand at the table you set,
Yours as we eat the bread our hearts can't forget;
We are the sign of your life with us yet,
We are yours, we are yours.

*Take our bread, we ask you;
Take our hearts, we love you;
Take our lives, O Father,
We are yours, we are yours.*

continued ...

Your holy people being cleansed by your blood,
Spirit filled, yet hungry, we await your food;
We are poor but we've brought ourselves,
the best that we could,
We are yours, we are yours.

*Take our bread, we ask you;
Take our hearts, we love you;
Take our lives, O Father,
We are yours, we are yours.*

THE CONSECRATION

*During the Consecration,
all may bless their bread and wine
together the Celebrant.*

IT IS A MYSTERY

It is a mystery, a mystery of life:
A change of bread and wine
Into a flow divine,
A flow divine of love
Into our spirit move,
A consecration of our life and self in you.

It is a mystery, a mystery of life:
A change of heart and mind
Into a flow divine,
A flow divine of love
Into our spirit move,
A consecration of our life and self in you.

OFFERING OF SELF

O loving Christ,
present in these holy mysteries,
I give myself to you,
for joy and for sorrow,
for sickness and for health,
for success and failure,
in time and in eternity.
I offer to you my body, mind and spirit
to be a holy sacrifice.
Take me and make me
the instrument of your will.

THE LORD'S PRAYER

Our Father,
which art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever,
Amen.

O LOVE

O love that knoweth of no fear,
O love that sheds a joyous tear,
O love that makes me whole and free,
Such love shall keep and hallow me.

MAY THE BLESSING OF THE LORD BE UPON YOU

May the blessing of the Lord be upon you.
May the light of Christ surround you and fulfil
The purpose you were born upon this earth for:
To bring the love of Christ and do God's will.

As you walk along the path that's set before you,
Always know that you are guided all the way
By a host of heav'nly angels, there beside you,
To make sure that you do not go astray.

In the dark times when troubles may assail you,
Don't forget about the still small voice within,
For the answers that you need will be provided,
Making sure no challenge comes that you can't win.

Always understand the purpose you have chosen,
From the dawn of time for you was pre-ordained.
And the bread and wine's a gift that's freely given
To transform your life and keep you well sustained.

— Postlude —
On Earth, As In Heaven
Ennio Morricone

— Coming Up —

Mystical Cosmic Mass

2nd annual SOUL MASS for Rev CRAIG SPENCE

Sunday 19 November, 2023

Celebrant: Rev Marja van Breda, Adelaide SA

rosaveritas.org/nov19

In Conversation

with Reverends Antoinette & Robert

“The Mystical Cosmic Mass”

Saturday 25 / Sunday 26 November, 2023

This is an opportunity to hear firsthand about the development of this new liturgy and the thinking and motivation behind it.

It is also an opportunity to share your impressions and responses, and ask your questions.

Three stand-alone sessions are being offered.

Choose the one that suits you best.

Attendance at each session is limited to 15 people (*including Ant, Rob & a facilitator*) and is by donation.

You need to book to secure your preferred time.

rosaveritas.org/nov25-26

Advent Meditations

DAILY, MONDAY to SATURDAY

commencing Friday 1 December, 2023

rosaveritas.org/advent2023

Mystical Cosmic Mass

ADVENT SUNDAY

Sunday 3 December, 2023

Celebrant: Rev Robert John, Langwarrin VIC

rosaveritas.org/dec3

You can sustain the work of Rosa Veritas.

Contribute to the [online offering](#)