



Rosa Veritas

Mystical Cosmic Mass

15 October, 2023

*A flow divine of love into our spirit move,
a consecration of our life and self in you.*

SOURCE OF ALL BEING

Source of all being, fire of love,
Your glory flames through worlds above.
Centre and light of every sphere,
Yet to each loving heart how near.

Sun of our life, your quickening ray
Sheds on our path the glow of day.
Star of our hope, your softened light
Cheers the long watches of the night.

Source of all life, below, above,
Whose light is truth, whose warmth is love;
Through us your glorious light is shown
We need no lustre of our own.

Grant us your truth to make us free
And hearts that burn with constancy,
Till all your living altars claim
One holy light, one heavenly flame.

RESPONSES

Cel: (Let us) be still, and know.

**All: We still ourselves
and feel your power and your presence.**

Cel: Be still, and know.

**All: We still ourselves
and hear the whispering of your voice.**

Cel: Be still, and know.

**All: We open ourselves to the eternal,
to the manifold colours of the spirit.**

Cel: We are still, and we know ...

THE GNOSIS

... that in the innermost spiritual sanctum
of each human being,
is the real self,
which is of the same essence
as that spiritual reality
we call God,
who is within, beyond,
and behind the universe;
we know
that the nature of this spiritual reality –
which is unknowable to the intellect,
but knowable to the heart –
is love;
we know that perfect justice rules the world,
that the whole creation
will one day reach its divine fulfilment;
we know this
because the world is being reconciled to God
through the Lord Jesus Christ.

RESPONSES

Cel: Christ is in you.

All: Our hope and our glory.

Cel: Our bodies are the substance of your being.

All: Deepen in us your spirit, O Christ.

Cel: Our life-spirit is the work of your hands.

All: Deepen in us your spirit, O Christ.

Cel: Our emotions and feelings
are your essence.

All: Deepen in us your spirit, O Christ.

Cel: Fill us with the glory we had
when we dwelt with you.

All: And magnify your spirit in us, O Christ.

IN MY HEART, IN MY MIND

In my heart, in my mind,
Stirs the seed: Christ dwells in me.
In my heart, in my mind, grows a love within.
Working in unity, sensing his beauty,
Heart and mind together in the Lord.
We think, we feel, Christ balancing the forces,
We learn, we share, dear fraters and sorores,
In our hearts, in our minds, realising we're divine.

In my heart, in my mind,
I come to know the Christ in me.
In my heart, in my mind, striving to be free.
Feeling so deeply now, thinking so clearly,
Harmonising all that lies within.
We make a vow to follow in your footsteps,
We shall become disciples of the way,
In our hearts, in our minds, celebrating every day.

THE OFFERING

Cel: ... and offer them on the altar of our lives,
praying that you will fill them
with your glory and majesty.

All raise their bread with the Celebrant, and say ...

**All: This bread is my life
which I give to you
in love and service.**

Cel: Take our bread.
It is set apart for a sacred use
that it may become
the living bread from heaven.

All raise their wine with the Celebrant, and say ...

**All: This wine is my spirit,
dedicated to the divine will of God.**

Cel: Take this wine ...

CALL TO PRAISE

Cel: Christ is in you.

All: Our hope and our glory.

Cel: Lift up your hearts.

All: We lift them in joy.

Cel: Let us give our thanks
to the God Most High.

All: It is a good and joyful thing to do.

Cel: It is a very good and joyful thing ...
... and all the company of spiritual worlds,
in saying:

**All: Holy, holy, holy,
Lord God of hosts,
who was and is and is to come,
heaven and earth are full of your glory;
glory be to you, O God Most High.**

TAKE OUR BREAD, WE ASK YOU

*Take our bread, we ask you;
Take our hearts, we love you,
Take our lives, O Father, we are yours.
Take our bread, we ask you;
Take our hearts, we love you;
Take our lives, O Father,
We are yours, we are yours.*

Yours as we stand at the table you set,
Yours as we eat the bread our hearts
can't forget;
We are the sign of your life with us yet,
We are yours, we are yours.

*Take our bread, we ask you;
Take our hearts, we love you;
Take our lives, O Father,
We are yours, we are yours.*

Your holy people being cleansed by your blood,
Spirit filled, yet hungry, we await your food;
We are poor but we've brought ourselves,
the best that we could,
We are yours, we are yours.

***Take our bread, we ask you;
Take our hearts, we love you;
Take our lives, O Father,
We are yours, we are yours.***

THE CONSECRATION

*During the Consecration,
all may bless their bread and wine
together the Celebrant.*

IT IS A MYSTERY

It is a mystery, a mystery of life:
A change of bread and wine
Into a flow divine,
A flow divine of love
Into our spirit move,
A consecration of our life and self in you.

It is a mystery, a mystery of life:
A change of heart and mind
Into a flow divine,
A flow divine of love
Into our spirit move,
A consecration of our life and self in you.

OFFERING OF SELF

O loving Christ,
present in these holy mysteries,
I give myself to you,
for joy and for sorrow,
for sickness and for health,
for success and failure,
in time and in eternity.
I offer to you my body, mind and spirit
to be a holy sacrifice.
Take me and make me
the instrument of your will.

THE LORD'S PRAYER

Our Father,
which art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever,
Amen.

O LOVE

O love that knoweth of no fear,
O love that sheds a joyous tear,
O love that makes me whole and free,
Such love shall keep and hallow me.

MICHAEL, RAISE US UP

My soul is held captive, desire's in control,
Wishing and wanting I drift with the wind;
Illusion surrounds me, drawing me in
But truth is hard to know.

***Michael, raise us up, lift our spirits high,
So we can truly see Christ's triumph, his victory.
His blood is cleansing, his love is burning,
His truth revealing, setting us free.***

My soul is held captive, my mind's in control;
Fighting and struggling, at war with myself.
Imprisoned within me, trapped by my thoughts:
But truth will set me free.

My soul is held captive, it yearns for release.
Michael inspires us, his word is our strength.
His fire will cleanse us, making us whole:
And truth will set us.

— Coming Up —

Annual General Meeting of Rosa Veritas Inc.

Saturday 28 October, 2023

FOR RV MEMBERS

rosaveritas.org/agm2023

Mystical Cosmic Mass

ALL SAINTS and ALL SOULS

Celebrant: Rev Robert John, Langwarrin VIC

Sunday 5 November, 2023

rosaveritas.org/nov5

Mystical Cosmic Mass

2nd annual SOUL MASS for Rev CRAIG SPENCE

Celebrant: Rev Marja van Breda, Adelaide SA

Sunday 19 November, 2023

rosaveritas.org/nov19

Mystical Cosmic Mass

ADVENT SUNDAY

Sunday 3 December, 2023

Celebrant: Rev Robert John, Langwarrin VIC

You can sustain the work of Rosa Veritas.

Contribute to the [online offering](#)